

# Career Headlines



## It's about Me

How ready for work is your attitude? On a scale of 1 to 5, with 5 being best, rate your attitude. Will you be someone an employer can trust to be professional? Be totally honest with yourself when you answer.

- |   |   |   |   |   |   |
|---|---|---|---|---|---|
| 1. I do my best in my job no matter how much I'm being paid.  | 1 | 2 | 3 | 4 | 5 |
| 2. I look for good in others and don't judge them before I know them well.  | 1 | 2 | 3 | 4 | 5 |
| 3. I always follow the rules where I work.  | 1 | 2 | 3 | 4 | 5 |
| 4. I accept what my boss tells me to do, even when I don't like it.   | 1 | 2 | 3 | 4 | 5 |
| 5. I work cooperatively with people who are different than me.  | 1 | 2 | 3 | 4 | 5 |
| 6. When I have nothing to do at work, I fill the time by helping others or finding something that needs to be done. | 1 | 2 | 3 | 4 | 5 |
| 7. I always correct my mistakes before moving on to another task.   | 1 | 2 | 3 | 4 | 5 |
| 8. It feels good to praise other people who are successful.   | 1 | 2 | 3 | 4 | 5 |
| 9. Even when I wish I had a bigger job, I do my best in the job I have.   | 1 | 2 | 3 | 4 | 5 |
| 10. People know they can trust me to do my share of the work.   | 1 | 2 | 3 | 4 | 5 |
| 11. I always tell the truth, even when I want to hedge.   | 1 | 2 | 3 | 4 | 5 |
| 12. I like it when other people tell me a better way to do something.   | 1 | 2 | 3 | 4 | 5 |
| 13. People know they can count on me to do what I say I will do.  | 1 | 2 | 3 | 4 | 5 |
| 14. I keep hurtful comments to myself, even when someone insults me.  | 1 | 2 | 3 | 4 | 5 |
| 15. I give complete, non-evasive answers to all questions.  | 1 | 2 | 3 | 4 | 5 |

**Action:** Think about your self-analysis. What traits do you need to change for a rewarding and successful career?

*Note to teachers:* **It's for Real Workplace Ethics** and **Job Ready Career Skills** will help your students develop professional behaviors. Forward the links below to your students if you would like them to complete a sample lesson in our two programs that provide the training employers say graduates lack.



[Job Ready Career Skills](#)

[It's for Real Workplace Ethics](#)



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